

Lanikai Elementary PCS is proud to announce a series of Parenting Workshops featuring Ms. Kathy Bentley.

Kathy Bentley is a nationally recognized Parent Educator and the owner of Kathy's Parenting Solutions. She has her Bachelor's degree in Psychology and her Masters in Counseling Services. She is an annual presenter at the Hawaii Association for the Education of Young Children and the Hawaii Baptist Early Education Association Conferences. Examples of other places she has presented are; the Native Hawaiian Education Association Conference, Hawaii State Child Abuse Conferences, the Hawaii Foster Parent Association State Conference, HAEYC's Leadership Symposiums, the Hawaii Statewide Family Summit, the Kamehameha Scholars Middle School Ho'ike, the Honolulu District PCNC staff development meeting, Pearl Harbor's Parent Academy and Schofield Barrack's Couples University. Kathy has experience working with incarcerated parents, foster parents, teen parents, grandparents raising grandchildren, and families involved with Child Protective Services. She presents workshops to preschools, elementary, middle and high schools, and other parent groups. She has appeared as a parenting expert on numerous television and radio shows, and has been quoted in newspaper articles and blogs. She writes articles for Hawaii Parent Magazine. She is the mother of two daughters, one biological and one step.

In 2004 Kathy was selected as one of the 12 Outstanding Parent Educators in North America by Parenting Press.

Kathy is a Gurian Institute Certified Trainer. She is a trained facilitator for Parent Project, CSEFEL, Zero to Three, and has completed numerous additional trainings and workshops.

Kathy is a member of the Kaneohe Community Family Center Advisory Board, the Waianae Neighborhood Place Advisory Board and the Hawaii Coalition for Dads Steering Committee.

Kathy consults for Keiki O Ka 'Aina Family Learning Centers and the Ho'ala Hou Project of the Pacific American Foundation.

Kathy is a member of the National Parenting Education Network, the National Association for the Education of Young Children and the National Council on Family Relations, and the Learning and Brain Society.

Sessions will be held on Thursdays from 4:30 - 5:30 in the Library. Please plan to attend as many sessions as your schedule will allow. Light refreshments will be served. Parents only please.

August 12- Yes, Boys and Girls are Different!

August 19- Setting Rules and Limits so Kids Will Behave  
(Discipline Part I)

August 26- Star Charts, Bribes, Rewards, Time Out, What Works (Discipline Part II)

September 2- Parents' topic choice

September 9- Parents' topic choice

